

Grappling rules:

All grapplers will be grouped together according to their optimal weight. All grapplers will be placed together within 5 to 10lbs of their respective weights to avoid excessive weight cutting.

Novice, Beginning to Intermediate may use all submissions except for heel hooks or any twisting leg locks, neck cranks, body locks.

Advanced grapplers may use any submission except as follows:

Illegal submissions: No small digit manipulation, no pressure points are to be used to make an opponent give up.

Illegal throws: No throws may be done which will land a competitor on their heads.

Illegal maneuvers and rules: No strikes of any kind, no arguing with officials winner is declared via submission, points or sudden death judges decision.

All competitors must be wearing proper grappling attire. No clothing will be allowed to be grabbed unless it is a gi, kurtka or some other jacket. This is a no gi tournament and the grabbing of non gi related clothing will result in a warning, a penalty and or disqualification.

1st round 3 minutes, no points  
if there is no winner  
2nd round 3 minutes  
1 point awarded for throw  
1 point awarded for bettering your position  
if there is no winner  
3rd round sudden death  
first person to fall loses

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